



**MEETING OF THE HEALTH BENEFITS COMMITTEE OF THE RETIREMENT BOARD
OF THE COUNTY EMPLOYEES' AND OFFICERS' ANNUITY AND BENEFIT FUND
OF COOK COUNTY AND EX OFFICIO FOR THE FOREST PRESERVE DISTRICT
EMPLOYEES' ANNUITY AND BENEFIT FUND OF COOK COUNTY
33 N Dearborn St, Suite 1000
Chicago, Illinois 60602**

Minutes for the April 20, 2017 Meeting

The County Employees' and Officers' Annuity and Benefit Fund of Cook County and the Forest Preserve District Employees' Annuity and Benefit Fund of Cook County Fund are herein collectively referred to as the "Fund." **All committee recommendations are preliminary in nature; as such, they are subject to review and approval by the full Retirement Board.**

Call to Order and Roll Call.

Trustee Committee Members Present: John Fitzgerald (Chair), Patrick McFadden, Diahann Goode, Robert De Graff, Andrew Jatiko and Dennis White

Non-Committee Trustees Present: None

Staff Present: Nickol Hackett, Executive Director & CIO; Rachelle
Others Present: Howliet, Senior Health Benefits Specialist; Tonya Jackson
Health Benefits Team Member
Christopher Heppner; Segal Consulting
Craig Bartholomew, Scott Behnke, Derek Blin, Michelle
Gromada, and Dr. Tricia Len United HealthCare Team

Public Comment.

Trustee Fitzgerald asked if anyone would like to address the Committee. There being no public comment, the meeting continued.

Review and Consideration of February 9, 2017 Health Benefits Committee Meeting Minutes

It was moved by Trustee Jatiko, and seconded by Trustee Goode to approve the February 9, 2017 minutes.

Medical Plan Review

Scott Behnke of UHC presented an annual review of the health plan summary results were for 2016.. The review also focused on understanding the population and plan performance trends, and any opportunities to take action. The report covered the most prevalent conditions of plan members, the types of services most common and catastrophic cases, which drives cost to the plan.

- Top prevalent chronic conditions are circulatory, musculoskeletal and cancer.
- Cancer treatment cost increased 11%
- Emergency room visits have increased 19%

Michelle Gromada discussed the Real Appeal Weight Loss program for possible inclusion in the plan for 2018. Real Appeal is a program where members receive a personalized weight coach for an entire year, 24/7 online and mobile support and a success kit that includes gadgets participants need to help kick-start weight loss. The trustee response to program was mixed, and it was decided to provide more program detail at the next meeting.

Additional request included:

- Urgent Care Center Education
- Identification of Individuals who are repeat visitors to the Emergency Room for a mailing.
- Education to increase Premium Designation utilization.
- Presentation and Savings analysis for Real Appeal
- Hearing Aids Claimant by ears

Administrative Report

Ms. Howliet provided an EGWP timeline for 2018 plan year. It was noted by committee to move forward and plan for smaller events for open enrollment locations.

Adjournment

Trustee White motioned that the meeting be adjourned and it was seconded by Trustee Jatico.